

Little Huskies Spring Volleyball League



This league will begin in February for players 12 & Under. This league will divide players into teams that will practice individually but compete against one another. Each team of 8—10 girls will have a designated coach that will train them over 8 sessions ending April 19th.

Where: HTHS Gym

Need: Tennis or Volleyball Shoes,
Kneepads & Water Bottle

When: 5:30—7:30

Days: Sunday's beginning 2/16 -Except 3/22(Spring Break) & 4/12 (Easter)

Will meet on 2/16 & 23, 3/1, 8, 15, 29, 4/5 & 19

GOALS:

- * Learn & Develop the Skill of Volleyball
- * Gain Confidence
- * Prepare to play at Middle School Level
- * Opportunity to Play & Explore the Game
- * Court Awareness
- * Prepare for Middle School Tryouts
- * Love the Game of Volleyball

REGISTER NOW!

At the Trussville Civic Center or

Online at www.trussville.org

Included: Game Jersey, Volleyball &
Experienced Coach

\$200

**LIMITED TO
80 PARTICIPANTS**

2 Ways to Sign Up:

Open to all girls born on or after January 1, 2007.

Schedule is a combination of practice and tournament play within the league. Teams will practice 2 Sundays in a row then tournament play on the 3rd Sunday. This will repeat until the 8 sessions are complete.

1. Individually— you would be placed on a team with other players and a coach
2. As a Team— Have 8—10 girls ready to be a team and provide a name. Register each as a team member with the team name.

Contact Jackie Cox at jackie@mealfit.co