

TRUSSVILLE REC RUNNERS 2022



The Rec Runner program introduces track and field to runners at an early age. Runners will have the opportunity to learn several events and participate in track meets throughout the season. Meets will be held on Saturdays.

PARTICIPANT: 5 to 14 years of age
Age cut off date December 31st, 2022

REGISTRATION: January 10th - February 20th
www.trussville.org/departments/parks-recreation/athletics

SEASON: Parent Meeting: Wednesday, March 2nd
Season Begins: Thursday, March 3rd thru Saturday, May 21st

PRACTICES: Mondays thru Thursday @ 5:45-7 PM
*Saturdays will be available for rescheduled days
Practices located at Hewitt Trussville Stadium

COST: \$75.00 per child includes uniform and 1 entry fee

