



Trussville Rec Runners 2023



Trussville Rec Runners introduces track and field to kids at an early age. The program will help teach athletes how to compete in several different events. Runners will be able to show their growth throughout the season as they compete in track meets.

Participants

5 to 14 years of age

Age cut off date December 31st, 2023

Registration

January 10th – March 17th

[Registration link HERE](#)

Season

Parents meeting February 16th,

Season Begins February 27th

Meets on April 15th, 29th, and May 13th

Practices

Monday Tuesday Thursday 5:30pm-7:00PM

Saturday Practices 9:00am-11:00am

Practices are held at Hewitt Trussville Stadium

Cost

\$75.00 per child
Includes Uniform