



# Trussville Parks & Rec Rec Runners



The Rec Runner program introduces track and field to athletes at an early age. Athletes will have the opportunity to learn several events and participate in track meets throughout the season.

## Participants

5 to 15 years of age

Age control date: August 10, 2024

## Registration

Jan 1, 2024 - Mar 9, 2024

## Season

Interest meeting: Feb 12, 2024 6pm @ Trussville Civic Center

Practice begins: Feb 26, 2024

## Practices

Monday, Tuesday and Thursday: 5:30pm -7:00PM

Practice location: Hewitt-Trussville Stadium

## Contact

Kela Leatherwood

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659-444-3928

## Co\$t

\$120 per athlete

price includes:

\*registration to meets

\*team jersey

\*team t-shirt

SCAN ME!!

