

Trussville Adult Softball

2026 NSA Park Rules

Men's Church League

1. Rosters must be signed off by a preacher from the sponsoring church to be deemed a church team.
2. Games will be 60 minutes or 6 innings. If the score is tied in the regular season at the end of time, the score will be entered as a tie, during the playoffs, there will be extra innings with the following rules implemented. A runner from each team will start off at second (2nd) base with no outs.
3. Balls used will be NSA Approved 44 400 OR 44 375 and only NSA approved bats.
4. No inning will start if one team is ahead, and the clock is under 2 minutes after the third out is called in the previous completed inning.
5. Each batter will start the at bat with 1 strike 1 ball count.
6. All players must be in uniform, uniform must be matching colors and have numbers printed on the back of the shirt, by the third (3rd) game of the season. If not, the opposing team will be spotted 5 runs at the start of that game.
7. Mercy Rule: 20 runs after 3, 15 runs after 4, and 10 runs after 5.
8. A team may carry (2) EP (Extra Player) position in the regular season; those players must bat last in the lineup. After the rosters are "set" substitute players must sign the roster (ALL player must sign the roster). Substitute players joining the team after the 3rd week of play are NOT eligible to participate in tournament play.
9. All roster additions must be completed before the start of the 3rd to last game of the season. All legal players must have participated in at least one regular season game to be eligible to participate in the tournament. Rosters can be unlimited players.
10. The official roster, kept in the press box, must be signed by each player prior to playing in a game. Opposing teams can protest the eligibility of players on teams.
11. Teams that do not have a complete signed roster will spot the opposing team 5 runs at the beginning of the game.
12. Only players and coaches, who are on the official roster, may be in the dugout area of the fields.
13. All players must be at least 18 years of age to play.
14. Using Profanity may result in the player/coach being ejected from the game and or park.
15. Teams caught drinking in the dugouts, inside the fence, or in the parking area outside of the fence will be removed from the league, no refund.

16. Team found smoking or vaping inside their dugout or on the field will spot the opposing team 5 runs.

17. Each team is allowed 5 homeruns per game. Every homerun, over the fence, after that will be treated as an OUT.

18. No music is to be played from inside the dugouts.

19. Balls and Bats are subject to check at any point in the game. Please allow umpires to check your equipment prior to your game.

20. The League Commissioner has the final word on the resolution of question to any league rule or policy

21. No faking or quick pitch. A pitch will be called "illegal", and a ball will be awarded to the batter.

22. Pitcher must be in contact with the rubber to be a legal pitch.

23. Safe Runner re-entry rule is in effect, runner who made last out is the eligible runner.

24. No metal cleats or spikes allowed.

25. Any player ejected from a game will not be allowed to play in the next game.

26. Lineups need to be in the press box five (5) minutes prior to game time.

27. Please help us by keeping spectators from sitting on top of the dugouts at any time.

Updated-5/1/26

